

Post Shorts

Recycling schedule



The recycling pickup for Wednesday, Dec. 26 is paper. Put items in paper bags, boxes or bundles and place them on the curb.

Holiday gate access limited during holidays

Aberdeen Proving Ground will be operating limited gate access to the installation during the upcoming holiday period. The holiday gate schedule will be in effect 8 p.m., Dec. 21 until 4 a.m., Jan. 2.

During that period, the Maryland Boulevard (MD Route 715) gate in the Aberdeen Area will be the only open gate. In the Edgewood Area, the Route 24 gate will be the only operational gate. Limiting access points to the installation will provide an increased measure of security during this special time of the year.

The Directorate of Law Enforcement and Security wishes the entire Aberdeen Proving Ground community a joyous and safe holiday season.

Re-Nu-It Center holiday hours

The Re-Nu-It centers will close for the holidays Dec. 21. The Edgewood Center reopens 8 a.m., Jan. 2 and the Aberdeen Center reopens Jan. 3 at 8 a.m.

For more information, call William Settles, 410-278-8814/8815.

Refuse, tree pickup over holidays

During Christmas and New Years weeks refuse normally picked up on Tuesdays will be picked up on Mondays, Dec. 24 and 31. The normal pickup schedule will be followed the remainder of each week.

The ONLY pickup date for Christmas trees for all Aberdeen Proving Ground housing areas will be Monday, Jan. 7.

For more information, contact Chris Barwick, 410-306-2349.

Revised Post Commissary holiday hours

The post Commissary will be closed on Christmas day, Tuesday,

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SBCCOM technology

SBCCOM delivers on food, toys for community

Yvonne Johnson
APG News

Thanks to benefactors in the U.S. Army Soldier and Biological Chemical Command, needy families in the surrounding community will have a joyful holiday this year.

The commands' annual Food and Toy drive netted a truckload of goods for the Edgewood Community Center, a non-profit agency that collects and distributes necessities to needy families.

Employees of the Edgewood Chemical Biological Center coordinate the program by soliciting donations from fellow employees throughout SBCCOM.

Barbara Knapp, ECBC program support specialist, and the committee chair said planning for the drive begins in mid-October and runs through early December.

"We distribute collection boxes, send out e-mails and designate a point of contact in each building," Knapp said, adding that some guidance is given to would-be donors to ensure that only useful items are donated.

"For the food, we ask for canned good and non-perishables, and this year we asked for gifts that older children or teenagers might enjoy," she said

See FOOD DRIVE, page



Photo by YVONNE JOHNSON
Vikki Henderson, an Edgewood Chemical Biological Center laboratory technician, looks through one of several piles of toys that were donated to the U.S. Army Soldier and Biological Chemical Command's annual Toy and Food Drive. The annual celebration closing the drive was held Dec. 13 in building E-3549, ECBC headquarters

APG prepares for snow, ice

Sheila Little
APG News

It's real pretty coming down, especially if you're sitting in front of a warm fire and your refrigerator is full. But if you have to get out and drive in it, snow can be inconvenient, if not deadly.

In an effort to keep personnel safe and roads clear on Aberdeen Proving Ground, installation operations personnel, in concert with APG command officials, review and update snow removal procedures each year to assure that incidents in which ice or snow is a factor, are kept at

a minimum.

Robert Weaver, division maintenance chief for the Edgewood and Aberdeen areas, gave an overview of snow removal at a December meeting of the Citizens Advisory Committee.

"Aberdeen and Edgewood have over 400 miles of improved roadways, millions of square yards of parking lots and two airfields on which to perform snow removal operations," Weaver said. "Once the director of installation operations or his designee initiates the action necessary to place the snow and ice alleviation plan

into operation, emergency personnel start spreading road material or begin plowing."

"Generally we have two to three snowstorms a year," added Butch Grzanka, installation operations officer. He said if snow is expected before the morning rush, "we travel the roads of APG and report our findings and recommendations to the deputy installation commander by 5 a.m."

Broadcasts announcing the closing of the installation, a delay in opening or if liberal leave is in effect are broadcast on

television channels 2, 11, 13 and 45.

Federal employees should disregard any announcements regarding federal workers in the Baltimore area. Federal employees who work on APG must hear APG in the announcement for information affecting them.

In addition to television announcements, 10 radio stations broadcast the information, which in the case of an overnight event, generally becomes available at about 5 a.m. Radio stations with the information include AM 910,

See SNOW REMOVAL, page

National Guard soldiers awarded for Sept. 11 duties

Yvonne Johnson
APG News

Four members of the Maryland National Guard's 224th Aviation Company, formerly 129th Air Traffic Control, who participated in the revitalization of the area surrounding the Pentagon, following the Sept. 11 attacks were awarded U.S. Army Commendation and Achievement Medals during a Dec. 8 ceremony at the Edgewood Area Gunpowder Club.

Capt. Matthew Timbario, 224th Aviation unit commander, received the Army Commendation Medal, and Army Achievement Medals went to Sgt. 1st Class Kevin Jones, Staff Sgt. Wayne Parker and Spc. Joseph Eichelberger.

The four guardsmen were part of a corps of personnel who for 30 days reestablished and maintained air traffic control operations at the Pentagon after the attack. The soldiers were set up about 100 yards from the impact area and had a close-up view of rescue and recovery operations.

Maj. Gen. John C. Doesburg, See AWARD, page



Photo by YVONNE JOHNSON
Maj. Gen. John C. Doesburg, second from left, commander of Aberdeen Proving Ground and the U.S. Army Soldier and Biological Chemical Command, presents the Army Achievement Medal to Staff Sgt. Wayne Parker during a Dec. 9 ceremony honoring four members of the National Guard's 224th Aviation Company. The four recipients, from left, Capt. Matthew Timbario, Spc. Joseph Eichelberger, Sgt. 1st Class Kevin Jones and Parker, helped restore and maintain air traffic control integrity at the Pentagon following the Sept. 11 terrorist attack. Assisting Doesburg is Col. Ronald Eaton, director of Safety and Aviation for the Maryland Army National Guard.

Christmas 2001

A joint message from Thomas E. White, secretary of the army, and Gen. Eric K. Shinseki, Army chief of staff, for all army activities and Army family members:

At year's end, we traditionally remember the sacrifices of soldiers serving on point for the nation around the globe, soldiers who daily demonstrate our commitment to the noble ideals of peace, freedom, and good will among all peoples. The right of each individual to self-determination and the right of our citizens to live without fear, without hunger, and without oppression—these are the gifts the soldier defends for the American people and for freedom-loving people everywhere who would choose the costly struggle for these rights. This holiday season, the Army honors its soldiers, civilians, family members, and colleagues who sacrificed their lives in service to the nation. We remember Sept. 11, and we seek atonement for the losses suffered at the hands of our adversary. And we will not forget the men and women who serve to safeguard our nation and our way of life against the forces of fear, hatred, and oppression.

Over 226 years ago, Americans shed their blood to rid themselves of tyranny in order to guarantee the ideals of life, liberty, and the pursuit of happiness. Since the signing of our Declaration of Independence, we have fought to preserve these ideals and live up to them. From Valley Forge's brutal winter to Christmas at the crossroads in Bastogne, from the mountains of Korea to the rice paddies of Vietnam, and from the sands of Southwest Asia to the highlands of Afghanistan, soldiers have fought and died in defense of liberty. Soldiers today draw strength from their predecessors, who willingly sacrificed their own welfare and safety to guard the nation.

American soldiers have proudly protected the innocent and brought comfort to the suffering. They do so voluntarily, foregoing personal comfort, safety, and time with loved ones, to help others achieve peace and freedom. Soldiers sacrifice to help other nations gain some measure of the freedoms we enjoy. The Army selflessly serves to preserve the dignity of human life around the world.

We are truly grateful for your service. The nation is proud of all you have done to guarantee our safety and security in the homeland. As you celebrate this holiday season, especially those who are deployed, the Nation thanks you. May you find strength and fulfillment in knowing that you bring the message of hope and peace.

We wish you and your families a joyous and safe holiday season, and a Happy New Year.

DLES director urges road rules over road rage

Yvonne Johnson
APG News

The director of Aberdeen Proving Ground's Directorate of Law Enforcement and Security, Robert Krauer, is urging motorists to exercise caution and courtesy instead of the "road rage" like incidents that have been all too common since the installation took up a protective posture on Sept. 11.

In this, the third month of heightened security, Krauer said motorists should have made the adjustment and adapted to road and gate conditions by now.

"We still have members of our workforce that have difficulty entering and leaving APG

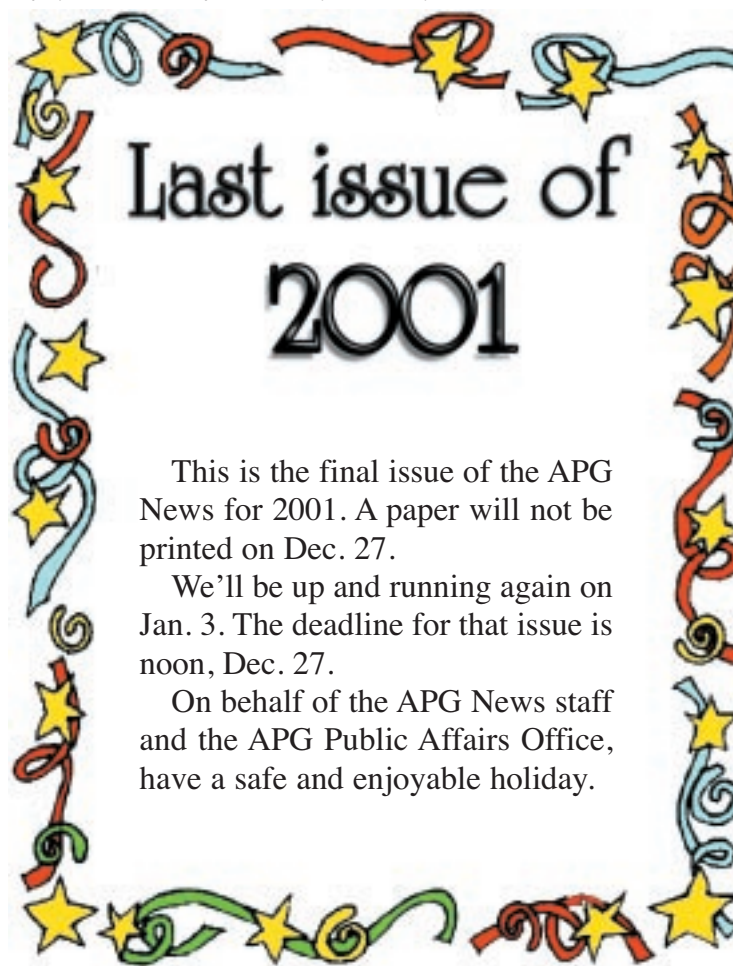
during peak traffic hours, Krauer said, adding that these difficulties have included incidents of so called road rage.

Because APG entrances were not designed to sustain the level of controlled access and security that is now required, several changes have been implemented at the installation gates to ease congestion.

"These changes are based on recommendations from traffic engineering experts from the state and federal government," Krauer said.

He noted that traffic problems are "minimal to non-existent" in the Edgewood Area, where the volume through the same number of gates is

See ROAD RAGE page



Post Shorts

SHORTS from front page
Dec. 25; Wednesday, Dec. 26; New Year's Day, Tuesday, Jan. 1; and Wednesday, Jan. 2.
The post Commissary will be open on:
Sunday, Dec. 23, 9 a.m. to 6 p.m.
Monday, Dec. 24, 9 a.m. to 4 p.m. (changed information since last week)
Thursday, Dec. 27, 10 a.m. to 7 p.m.
Friday, Dec. 28, 10 a.m. to 7 p.m.
Saturday, Dec. 29, 9 a.m. to 6 p.m.
Sunday, Dec. 30, 9 a.m. to 6 p.m.
Monday, Dec. 31, 9 a.m. to 6 p.m.
Thursday, Jan. 3, 10 a.m. to 7 p.m.
Friday, Jan. 4, 10 a.m. to 7 p.m.
Saturday, Jan. 5, 9 a.m. to 6 p.m.
The Post Commissary will resume normal operating hours on Jan. 6.

VTC unites military family members

Army Community Service has set up a free video teleconference (VTC) available for military families to get in touch with their deployed loved ones. The VTC is located at ACS, building 2754, Rodman Road. Families will be able to see and talk on a wide screen. To set up an appointment, call ACS, 410-278-3137/7474.

MCSC shares cooking secrets

The APG Military and Civilian Spouses' Club has put together a community cookbook with more than 280 recipes. This collection has been tried and tasted by servicemembers all over the world. A special section features recipes from active duty personnel in every branch of the military.

The cookbook will be available for purchase on payday weekends at the PX and commissary and at the Aberdeen Area Thrift Shop. It sells for \$8 and all proceeds will benefit the local community. You can also purchase the cookbook by calling Angie Salamy at 410-272-6712. She will deliver to your office on post. These make great teacher gifts or a great treat to take home for the holidays.

Scholarships, scholarships and more scholarships

In today's world of increasing college costs, funding for college education is becoming more and more of a challenge for many families. Scholarships and other financial aid is available, but often unused simply because students and parents do not know that it exists or where to apply.

Thirty college scholarship resources are available for outstanding students of military and civilian personnel at Aberdeen Proving Ground. Many of the scholarship applications are on-line and the deadline for submitting the application is usually January through March.

To pick up a college scholarship resource packet or a Secondary Education Transition Study-Parent Guidebook, contact Ivan Mehosky, director, Youth Education Support Services, 410-278-2857, cell phone, 410-322-0181, fax 410-278-4658 or e-mail, Ivan.Mehosky@usag.apg.army.mil.

Weight Watchers at Work

Lunchtime Weight Watchers classes are continuing on post and new participants are welcome. To learn more about the Weight Watchers at Work Program at APG, call 410-278-1151.

Army Band requests

Requests for the 389th Army Band (AMC's Own) should be submitted to Staff Sgt. Kay Reynolds, 410-278-7953. Requests should be submitted a minimum of 60 days in advance of an event.

Santa suits for rent

Santa Claus suits are available for rent at the Outdoor Recreation Equipment Resource Center, building 2407, for \$10 per day. Suits include jacket, wide black belt, pants, boot covers, white gloves, beard, wig and hat.
The center is open Monday, Tuesday and Thursday, 10 a.m. to 5 p.m.; Friday, 10 a.m. to 7 p.m.; Saturday and Sunday, 7 a.m. to noon and closed on Wednesday.
For more information or to rent a suit, call 410-278-4124.

Weight Watchers at Work

Lunchtime Weight Watchers classes are continuing on post and new participants are welcome. To learn more about the Weight Watchers at Work Program at APG, call 410-278-1151.

EOC changes phone numbers


The Garrison Aberdeen Proving Ground Emergency Operations Center is now under the direct control of the Directorate of Safety, Health and Environment/Fire Department.

The new telephone numbers for the EOC are 410-278-3182 and 410-278-3183.
The old 410-278-4500, 410-278-5225, and 410-278-5226 will remain with the S3 Operations Office assigned to the Directorate of Installation Operations.

AFTB back at APG

Army Family Team Building is a program that stresses military mission readiness and family readiness. The mission is to educate and train all of America's Army. AFTB shares knowledge, skills and behaviors designed to prepare Army families to cope successfully with today's military. Diana Jackson, the AFTB program manager, will schedule courses that focus on adapting to military life, accepting challenges, managing change and developing life skills.

Pollution Prevention



To reduce solid waste: Keep a supply of reusable canvas, paper, and plastic shopping bags in your car. Some stores even give cash rebates for using them.

APG Pollution Prevention Program, Environmentally Preferable Product and Affirmative Procurement Policy

Dec. 16 is Army Family Team Building Day. Take time on that day to remember those who lost loved ones on Sept. 11. The AFTB celebration will be included in Army Community Services' New Year Open House. For information on classes, briefings and volunteer opportunities, contact Diane Jackson, 410-278-7474.

Kirk medical records move temporarily

The Kirk U.S. Army Health Clinic Medical Records Section will be updating their filing system to a new Medical Records Tracking System through Jan. 2. During this time medical records will be temporarily located in Room CO3. Please follow the signs to the new location. For more information, contact Nancy O'Rourke at 410-278-1924 or Capt. Jennifer Gerald at 410-278-1723.

EA Thrift Shop seeks bookkeeper

The Edgewood Area Thrift Shop is seeking an individual to fill the salaried position of bookkeeper. The position requires 40 hours per month plus one Saturday and includes an annual paid vacation. A month of volunteering/training is required. If interested, pick up an application at the Edgewood Area Thrift Shop, building E-1633 or call 410-676-4733, Tuesday and Thursday, 10 a.m. to 3 p.m. or leave a message.
Closing date for submitting applications is Dec. 20.

CPOC Web site updated

The new Telegraph is now available on the Civilian Personnel Operations Center homepage <http://cpolrhp.army.mil/ner/telegraph/tele1001/tellyframe.htm>.

EA library hours change

The Edgewood Area library is **only** open on Tuesday, 11:30 a.m. to 6:30 p.m.

Re-Nu-It centers announce winter hours

Winter hours for the Aberdeen Re Nu It Center are 8 a.m. to 4:15 p.m., Monday, Tuesday, and Thursday. The Edgewood center is open the same hours on Wednesday and Friday.

Register now for HCC's spring credit classes

Registration is currently underway for Spring 2002 credit courses at Harford Community College's Aberdeen Proving Ground Center, building 3146 Raritan Avenue, Monday through Thursday, 9 a.m. to 5 p.m., and alternate Fridays, 8:30 a.m. to 4:30 p.m. For information, call 410-272-2338 or 410-278-0516.
Students may also register at the HCC Student Center Monday through Thursday, 7:30 a.m. to 8 p.m.; Friday, 7:30 a.m. to 4:30 p.m. and Saturday, 9 a.m. to 1 p.m.
Spring classes begin on Wednesday, Jan. 23. Students who register through Dec. 17 will be billed, with payment due on Jan. 10.
For more information about registering for spring credit courses at HCC, call the Registration and Records Office at 410-836-4222 or 410-879-8920, ext. 222.

TRICARE recipients urged to save receipts

TRICARE officials remind all beneficiaries that some of the programs called for in the National Defense Authorization Act went into effect on Oct. 1, but some programs are scheduled to be phased in over time. For this reason, beneficiaries are advised to save all receipts and other information related to claims for all services and benefits received since Oct. 30, 2000, until notification has been received that all programs have been put into practice. One such program is the reduction of the catastrophic cap from \$7,500 to \$3,000 and coverage for school-required physicals for dependents under age 11. Keep in mind that physicals required to play sports are not a covered benefit. Having documentation available will ease the reimbursement process from the health services contractor, Sierra Military Health Services, Inc. Information on the latest TRICARE benefits and when they take effect can be found on the TRICARE Web site at www.tricare.osd.mil.

Also, you can contact Sierra Military Health Services at your nearest TRICARE Service Center or talk with a Beneficiary Counseling and Assistance Coordinator at a military treatment facility. (Editor's note: Reprinted with permission from The Pulse, a TRICARE Northeast publication.)

Technology convention to focus on Homeland Security

The 2002 Federal Convention on Emerging Technologies will take place Jan. 7 to 9 at the Riviera Hotel and Convention Center in Las Vegas, Nev.

The convention, which focuses on homeland security, is open to all federal employees and contractors sponsored by the federal government.

The convention will include the 2002 Federal IT Pavilion, the newest addition to the largest trade show in North America, International CBS. Seminars include Homeland Security, Information Assurance, Cyber Threats/Terrorism, XML, Metadata, Collaboration Tools, Next Generation Search Engines, GSM and Global Wireless Communications and more.

Keynote speaker will be Dr. Ruth A. David, president and chief executive officer of ANSER.

For more information about the convention or to register, call NCSI at 888-603-8899 or visit www.federaevents.com.

TSP open season approaches

The Thrift Savings Plan Open Season lasts until Jan. 31. During the open enrollment period employees may elect to enroll in TSP or change their current TSP deduction. TSP Open Season Update Pamphlets will be distributed to agency administrative offices upon receipt in the Civilian Personnel Advisory Center.

Employees are now required to contact the Army Benefits Center-Civilian, or ABC-C, at 1-877-276-9287 or www.abc.army.mil to enroll in TSP or change the amount of their contribution. Employees must also contact the TSP Office at 1-504-255-8777 or www.tsp.gov if they wish to change their fund allocation. Personal Identification Numbers are required for both ABC-C and TSP. Employees who wish to change the way their current balance is invested must request a TSP Interfund Transfer. Interfund transfers can be made by calling the TSP office, using the Web site, or completing a TSP-50.

For more information, contact your servicing personnel assistant, Aberdeen Proving Ground CPAC.

Post closing announcement info

Employees of Aberdeen Proving Ground concerned about whether or not to report to work should call 410-278-7669 (SNOW).

Television channels 2, 11, 13 and 45, as well as radio stations WAMD, WXCX, WBAL, WIYY, WPOC, WDEL, WSTW, WSBA, WARM and WROZ will also carry this information. When in doubt, contact your supervisor.

Defense Commissary Agency announces scholarships for military children program

Applications for the second annual Defense Commissary Agency/Fisher House Foundation Scholarships for Military Children Program are available at the commissary and for download at www.commissaries.com.

Qualified sons and daughters of U.S. military ID card holders, to include active duty, retirees, and Guard/reserves, may apply for the \$1,500 scholarships. Eligibility of applicants, including survivors of deceased members, will be determined using the Defense Department ID Card Directive. The complete package must be received at the commissary no later than Feb. 5.

Two major changes are in the 2002 program. Students will not have to show ID at the commissary when turning in their applications. Student eligibility will be verified through the

APG News

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Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

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For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 324, Second Floor, AMSSB-GIM, APG, MD 21005-5005; call the editor at 410-278-1150, DSN 298-1150; fax it to 410-278-2570; or e-mail it to editor@usag.apg.army.mil. Deadline for copy is Thursday at noon for the following Thursday's paper.

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Photo by SHEILA LITTLE
Members of the 389th Army Band (AMC's Own) serenaded Aberdeen Proving Ground soldiers and employees during the holidays. Pictured as they entertain Directorate of Information Management personnel in building 324 are from left to right, Staff Sgt. Marla Robinson on flute, Spc. Jennifer Harper on clarinet, and Staff Sgts. Steve Stewart French horn, Heather VanBeek, clarinet, and Kay Reynolds, bassoon.

Edgewood chemist receives Maryland Chemist Award

Yvonne Johnson
APG News

Dr. Raymond A. Mackay of the U.S. Army Soldier and Biological Chemical Command's Edgewood Chemical Biological Center has received the prestigious Maryland Chemist Award for 2001 from the Maryland Section of the American Chemical Society.

Formally presented during an evening ceremony at Johns Hopkins University on Dec. 12, Mackay, the director of the Research and Technology division, or R&T, was honored by his co-workers and friends during an informal presentation at ECBC headquarters earlier in the day.

Dr. Shekar Munavalli, R&T, congratulated Mackay, noting that Maryland governor Parris Glendening issued a Proclamation declaring Dec. 12, 2001 Maryland Chemist Day.

"Members of the American Chemical Society hail from every country and ethnic origin," Munavalli said.

He added that the medals committee bestows "only two awards, both of which are held in high esteem."

"The president of Johns Hopkins is a past honoree and six recipients have gone on to receive the Nobel Prize in Chemistry," Munavalli said.

Jim Zarzycki, ECBC technical director, lauded Mackay as an "enormously bright individual."

"When we met he had just accepted the position of pro-



Above, Dr. Raymond A. Mackay, director of the Research and Technology Division, Edgewood Chemical Biological Center, gives acceptance remarks after being named the recipient of the Maryland Chemist Award by the Maryland Section of the American Chemical Society.

gram manager at the National Science Foundation. I tried to entice him to Edgewood and we were fortunate to have him come back," he said adding that Mackay is serving on the Edgewood Area for the third time.

"He has many qualifications, he is an expert in coital and surface chemistry, reactions and micromulsions and he won an R&D Achievement award in 1990 on the alignment of liquid crystals," Zarzycki said. "No one is more deserving."

Mackay thanked his col-

leagues, some of whom shared their admiration and comments with the gathering, and the Maryland Section of the American Chemical Society for the award.

"It is an unexpected honor but I'm very happy to get it," Mackay said.

He named the former director his mentor and Dr.



Right, Jim Zarzycki, ECBC technical director, presents Mackay with the governor's Proclamation designating Dec. 12, 2001 Maryland Chemist Day.

Photos by CONRAD JOHNSON

Fredrick Longo, ECBC R&T, a friend since 1969, "who really helped me get started during my time at Drexel University."

Noting that he spent one third of his career in Maryland, Mackay added that he hopes to finish it as a Maryland chemist.

"The thing that makes any

place worthwhile is the people," Mackay said. "I will continue to enjoy being associated with all of you."

Dr. Raymond A. Mackay is internationally known for his creative and scholarly research in the area of colloid and surface science and technology. He is credited with providing a new direction and

thrust to the chemistry of supramolecules.

Mackay has accumulated an impressive record as a dynamic administrator and academician, and distinguished himself in various professional positions such as program director, National Science Foundation; director, Center for Advanced Materials Processing; chief, Detection Technology Division, ECBC and professor of chemical engineering.

He is associated with more than 150 research publications and has been the recipient of numerous honors and awards. He is actively involved in Sigma Xi and the Colloid and Surface Chemistry Division, ACS. In addition, he has served as the associate editor of Journal of the American Oil Chemists Society and as a member of the Board of Advisors of the Journal of Colloid and Surface Science, journal of Dispersion Science and Technology and the New Current Opinion in Colloid and Interface Science.

The Maryland Chemist Award was established in 1962 to recognize and honor a member of the Maryland Section, American Chemical Society for outstanding achievement in the fields of chemistry.

Road rage

From page 1

about one-third that of the Aberdeen Area. One reason is due to the merging of two lanes into one as occurs at the Route 22, Harford gate.

"Most of our difficulties occur at that entrance," Krauer said.

The primary problem is that despite directional signs that instruct drivers to use both lanes, drivers continue to use only one lane, causing longer lines and shorter tempers.

"We have gone so far as to station law enforcement officers in positions outside the gates to "teach" drivers how to use both lanes," Krauer said.

While there is some immediate benefit to such actions, they take valuable law enforcement assets away from critical installation missions, he added.

Krauer said that entering and leaving the AA could be more

efficient if all motorists would follow the instructional signs.

"It's quite simple. Use both lanes," Krauer said.

And just as important, if you are in the entrance lane when you arrive at the barricades, alternate the right of way to cars in the outside lane. This means allowing every-other car to move into the primary lane. It makes for a smoother, more efficient movement of traffic, which means shorter waits for everyone."

Krauer said that entering and leaving APG should be neither a contest nor an adventure.

He cautioned drivers not to use the roads that run through the post housing areas to "beat traffic. Not only does it bother the residents, it can be disastrous for a child running across a normally quiet street," he said.

Krauer warns aggressive drivers who habitually pull out in front of other vehicles, block traffic lanes or exhibit other aggressive tendencies, be aware that you are driving on a federal installation and are subject to citations through the federal or state court system.

CA UPDATE

Employee asks question about wage grade positions

The following question and answer about the garrison's Commercial Activities Study is provided by the Commercial Activities Team.

The CA Hotline, 410-278-7414, is available 24 hours a day to record employees' questions or concerns regarding the CA Study. Employees are also invited to send e-mail to CA.Hotline@usag.apg.army.mil. In addition, CA is a choice on the first page of the APG Web site, www.apg.army.mil.

Q There are rumors that wage grade positions will be downgraded and that the savings will be reflected in the CA study to be effective sometime in January 2002. Is this true?

A All reviewable positions, both General Schedule, GS, and Wage Grade, WG, will be examined as part of our Most Efficient Organization, MEO. In order to be competitive, it must be understood that some reengineering, downgrades and elimination of current positions will be required. Decisions regarding the organizational and position structure of our MEO will be made in early 2002. Results of this CA are scheduled for implementation in mid-2003.

CAC reviews holiday, winter weather issues

Sheila Little
APG News

A meeting of the Community Advisory Committee was held at 10 a.m., Dec. 5, in the conference room of garrison headquarters, building 305. Col. Mardi U. Mark, garrison and deputy installation commander, presided over the meeting.

Health and flu shots

Lt. Col. Allison Mirakian, deputy commander of Nursing, said Kirk U.S. Army Health Clinic is in the final stages of completing the flu shots for active duty personnel. Those

with a doctor’s note or 65 or over may come into the clinic to receive a flu shot at this time. Civilians under the age of 65 or with no health risk factors may also receive an influenza inoculation if enough vaccine is available, by visiting the Occupational Health Clinic on the second floor during established flu clinic hours. For dependents and civilians, the flu shot times are on Monday, Wednesday and Friday, 8 to 11:30 a.m. in Aberdeen, in the Occupational Health section of KUSAHC, and 1 to 3 p.m. in the

Edgewood Area, in the Edgewood Area Health Clinic, building E-4110.

She also said that after Exodus on Dec. 20, sick call will be held at 7:30 a.m. It will revert to 6 a.m. once the soldiers return in January.

Holiday Shopping

Richard Nornhold, manager of the installation commissary, encouraged attendees to use the www.commissaries.com web address to learn about commissary scholarships and shopping specials. He also announced the holiday hours, which are listed in the Post Shorts, beginning on the left column of the front page of the APG News. The commissary will be closed on Dec. 25 and 26, and Dec. 31 and Jan. 1, two Tuesdays and two Wednesdays, in celebration of the holidays. The store will be open on Monday, Dec. 24, 9 a.m. to 5 p.m. and Monday, Dec. 31, 9 a.m. to 6 p.m., for the convenience of shoppers. Nornhold also encouraged the use of the bakery and deli departments for those planning holiday get-togethers. The departments require 24-hour notice to get your party platter or bakery item ready for pick up. Nornhold offered free samples of deli items served on rolls baked by the commissary bakery following the CAC as a way of advertising the quality of items the store offers year-round.

Steve Bielefeldt, manager of the APG Main Exchange, announced that from noon until 2 p.m. on all Sundays in December, patrons can receive a free Polaroid of their child with Santa. Volunteers representing

post units and organizations are gift wrapping for donations through Christmas Eve. The store is offering special sales throughout the month, including an after Christmas clearance, which begins Dec. 26. This was the last meeting for Bielefeldt, who moves to Fort Drum, N.Y.

Roy Ballinger, director of Community Activities, said White House ornaments and Entertainment books are available and make great holiday gifts. Call the Information, Ticketing and Registration office, 410-278-4011.

Traffic issues

Provost Marshal Rob Krauer said traffic pattern changes are under consideration to alleviate long lines and hot tempers caused by inconsiderate drivers during morning rush. Krauer said there are three times more vehicles in Aberdeen trying to get through the same amount of open gates in both Edgewood and Aberdeen areas. Some drivers do not yield to merging traffic, leading to frustrated commuters. Krauer said the installation remains at Force Protection Level Charlie, requiring 100 percent identification checks for those wishing to enter the installation.

“We need your patience. We will not compromise convenience for security,” he said.

Krauer said the installation may bring back a one-day pass system for visitors after the first of the year. Holiday gate hours, announced last week begin at 8 p.m., Dec. 21, through 4 a.m., Jan. 2. All those coming onto or leaving the installation over the holidays will be required to use

the Maryland Boulevard gate in Aberdeen or the Route 24 gate in Edgewood.

Vehicle registration make-up dates, for those who have been unable to register the vehicles they drive on to the installation, are being set for January. The dates will be announced after the first of the year.

Holiday safety

Susie Ashby, Directorate of Safety, Health and Environment, cautioned attendees to check any Christmas lights for frayed wires before using and discard worn strings. No APG residents are allowed roof decorations. She also said that burning gift wrap releases a toxic gas. Celebrants are asked to throw out used wrapping paper. Candles are not allowed in offices or in the barracks at any time, and those in family housing are asked to avoid candles, or protect them with hurricane shades and never leave them unattended. In relation to traffic safety, Ashby asked everyone to buckle up and not to drink and drive. (An article devoted to holiday safety appeared in the Dec. 6 issue of the APG News.)

Chapel services

Lt. Col. Kenneth Kolenbrander, garrison chaplain, reminded attendees that everyone is invited to attend any of the services at the post chapels. A complete schedule of holiday services is in this week’s edition of the APG News.

AFTB

Diana Jackson was introduced as the new head of the Army Family Team Building program at APG. The program

offers classes for soldiers and family members seeking information on the military’s way of doing things, including services offered and what to do when the spouse is deployed. Jackson’s phone number is 410-278-7474.

Preparing for snow, ice

A special presentation on APG snow and ice removal was presented by Bob Weaver, division maintenance chief for Edgewood and Aberdeen areas. A separate article on snow removal is included in this issue.

Cleanup news

Marilyn Spence of family housing announced that a contractor will be cleaning gutters and chimneys over the next several weeks. Residents of Plumb Point Loop, New Chesapeake Gardens, Patriot Village and Skippers Point will be notified ahead of time.

Residents requested that future gutter cleaning projects be scheduled before neighborhood cleanup, and that tenant areas of responsibility be further clarified before the next post-wide cleanup.

Closing remarks

In a wrap up of the meeting, Mark asked residents to remain vigilant throughout the holiday season.

“We are still at war with the terrorists,” she said. “If you see something out of the ordinary, report it. Don’t become complacent.”

The next meeting of the Community Advisory Committee is scheduled for Jan. 17, 9 a.m., in the garrison headquarters conference room, building 305.

River Lodge breaks ground on the Edgewood Area

Yvonne Johnson
APG News

The Edgewood Area will soon join the ranks of other quality lodging facilities in the Aberdeen Proving Ground community. Bulldozers broke ground on Nov. 8 for the River Lodge office, a new lodging facility that is scheduled for completion in midsummer 2002.

The new 1,800 square foot building will contain meeting rooms, an office area, a dayroom and an enclosed porch or Florida Room.

Carol Lamp, manager of the Swan Creek Inn, said the groundbreaking for the new Army Lodging office was the result of two

years of planning and labor.

“The River Lodge facility is being built with non-appropriated Army Lodging funds,” Lamp said, adding that the age and condition to the current facility prompted the need for more comfortable accommodations for guests and staff.

“Our staff works out of one small room in the Gun Powder Club,” Lamp said. “This will definitely enhance their work environment.”

Other benefits include a computer center with Internet access for guests, added Barbara Adams, Swan Creek administrative officer.

“The new office and reservation desk

will be closer to the existing lodging and will provide a much nicer first impression for arriving guests,” Adams said.

“Security concerns and convenience are the driving force for many who choose to stay in on-post facilities as opposed to downtown,” Lamp added.

She said in the future, to meet the demands of a growing military and transient community, a 100-room facility with meeting rooms and amenities comparable to commercial hotels will be needed.

(Editor’s note: This article is being reprinted with corrections. APG News regrets any inconvenience to its customers and users of Army Lodging).

Award

From page 1

commander of the U.S. Army Soldier and Biological Chemical Command, presented the unit with a letter of appreciation from Army Chief of Staff Gen. Eric K. Shinseki and Army Secretary Thomas E. White.

It read in part, “quickly responding during a time of great need, the 129th Air Traffic Control’s actions were invaluable in limiting the loss of life and property. You risked your lives and personal safety to assist others, and your example of professionalism is an inspiration to us all ... God bless the 129th Air Traffic Control, the Army and the nation.”

“For all of us, the experience was a real eye-opener,” Timbario said. Our soldiers gave an incredible effort under unprecedented conditions.”

The section commander during that time, Timbario said personnel had to climb over the building’s rubble to restore communications.

“People did what had to be done,” Timbario said.

He would remember most the emotions, the amount of support and the number of agencies working together for a common cause.

“I was very proud to be there,” he said.

Jones, a maintenance chief from Edgewood, said he also takes pride in having been a part of the support effort.

“The experience was unforgettable,” he said adding that he will always remember his first look at the great building’s wound. It hurt me as a soldier and as an American,” Jones said. “Doing our part to help get things back to normal was easy after that.”

Eichelberger called the experience “memorable.” He said he arrived on Sept. 12 and found the place “a terrible mess.”

“There were no average days,” he said, adding that the majority of their time was spent guiding military aircraft from every branch of service into and out of the site.

Parker, a main equipment repairman from Rising Sun, said the first order of business was establishing radio communications with a portable tower because the Pentagon tower was destroyed in the crash.

“The site of the building was unsettling and we were right on top of it,” Parker said. “I’ll always remember the sight, sounds and smells of the recovery efforts.”

Though they spent most of their nights at nearby Fort Myer, Va., when the primary mission was completed they moved to Fort Belvoir, Va., where they assisted units in radio alignments and other maintenance missions, Parker said.

“They are a testament to all volunteers,” said 1st Sgt. Brian Judd. “The success of any military occupational specialty is being able to perform your job under any circumstance.”

AEC remembers Sept. 11th fallen comrades



Soldiers and civilians of the U.S. Army Environmental Center join Col. Stanley Lillie, commander, in a moment of silence to remember the Sept. 11 attacks during a Dec. 11 observance.

Photo by JEAN SKILLMAN

Neal Snyder AEC

The memory of those lost on Sept. 11 should inspire Americans to be more faithful to their nation, Col. Stanley Lillie, commander of the U.S. Army Environmental Center, told more than 200 AEC civilians and soldiers gathered for a memorial observance Dec. 11. “Let the loss of so many not be in vain,” Lillie said. “Let those of us who remain redouble our efforts to be ever faithful to our great nation and never forget that day.”

Two civilians who died that day, Sandy Taylor and Cheryl Sincock, worked for the agency supervising AEC, the Assistant Chief of Staff for Installation Management. Lillie recalled Taylor, Sincock, and Lt. Gen. Tim Maude, the deputy chief of staff for personnel. He also mentioned Lt. Col. Brian Birdwell, who is still receiving therapy for injuries sustained in the attack.

“This cowardly act of bru-

talidity and murder has again brought us together as a nation for a common cause-to rid the world of terrorism,” Lillie said. “America again is leading the charge to root out the thugs and criminals in Afghanistan and bring them to justice. It will be a long fight, but we will prevail.

“Today we remember the heinous crime committed against so many innocent people. We remember that there are those in this world that will do us harm. We remember that there are those who hate America and the very principles we hold so dear: life, liberty and the pursuit of happiness; freedom, to live unmo-

lest, to worship our God the way we choose, to elect our leaders, to live where we choose the way we choose,” Lillie said.

“But, today, most importantly, we remember those who gave their lives on September 11, 2001, for this great country— the greatest nation in the history of mankind. We mourn with their families and we regret their loss. And we also remember the heroes and the hundreds of acts of heroism. May God bless them all and continue to bless America,” Lillie said.

“We will remember, we will remember, we will always remember.”

Long-time APG contractor passes away

Sheila Little APG News

Soon Dumbault, Army and Air Force Exchange former contractor for the Aberdeen Proving Ground Dry Cleaning and Alterations Shop, passed away as the result of a brain aneurysm, Thursday, Dec. 6. She will be buried at Arlington National Cemetery at 1 p.m. today, Dec. 20.

A native of Korea, she came to the United States as the bride of Master Sgt. Edward Dumbault, in 1963. Ten years later, Dumbault and her family settled permanently in the area, and she began working at APG, serving in various capacities for the next 28 years. In 1985, she became the contractor for APG Laundry and Dry Cleaning services, holding that contract until briefly retiring in April of 2000. Six months later, Dumbault was back doing what she loved doing, working with young soldiers. After another year of serving as the laundry and dry cleaning contractor, Dumbault sold the business and retired earlier this fall.

Commonly known as ‘Mrs. Soon,’ she described her job at APG as “perfect” in an April 20, 2000 APG News article.

“I worry a lot about the young soldiers, so the work I do for them is out of care and love,” she said.

“She’s always gone out of her way to take care of soldiers. She will be missed,” said John Shiroky, AAFES services manager.

Steve Bielefeldt, manager of the APG Main Exchange,



Photo byTIM DISHONG

Soon Dumbault works on a project during her last week at work at the APG Alterations Shop.

described her as someone who was shy and modest, but who enjoyed being around the military, and served them to the best of her ability.

“She was a unique individual who had a lasting impact on whomever she came in contact

with. Soon was a major part of the APG concession program and will be deeply missed,” Bielefeldt said.

A resident of Abingdon, Dumbault is survived by her husband, three children and three grandchildren.

Perryville Day 2001 — a community success

Marguerite Towson
APG News

The community of Perryville teamed up with the Northeast Region AmeriCorps, soldiers from Aberdeen Proving Ground, the Baltimore Rapid Response Corps, and the Red Cross to clean up parts of the town in November. Preliminary planning for the second annual Perryville Day started in July, according to Jennifer Szeliga, assistant projects director with AmeriCorps based in Perry Point Veterans Administration Hospital. “We’ve had an ongoing collaboration with Perryville,” said Szeliga. “We felt a joint effort would be worthwhile and would enhance volunteer participation. This was a huge step for us to have the military,” said Szeliga. From 8 a.m. until 2 p.m., volunteers labored over specific areas chosen for this project. Shoreline cleanup involved removing driftwood and debris. Multiflora rose and honeysuckle growth were cut

away and removed from the perimeter fence of the wastewater treatment plant and the Cedar Corner Water Pumping Station. At historic Rodgers Tavern, the lot across from the tavern near the observation area and a section across from the tavern also were cleared of growth. Soldiers from the U.S. Air Force Outreach Program, the Noncommissioned Officers Academy, and the U.S. Army 16th Ordnance Battalion were among APG’s volunteers in the day’s events. “Everything went very smoothly, and everyone seemed to work well together. My class really enjoyed the experience,” said Staff Sgt. Harold Haack, a member of the NCOA, Class 04-02. After a hard day’s work, a picnic and short presentation was held for everyone at the Perryville Community Park. Senator Robert Hooper, Delegate David Rudolph, and Kenith Bixler, director of the Northeast Region AmeriCorps

addressed the volunteers. Guest speaker was Phyllis Kilby, a member of the Cecil County Commissioners. “It was great to be there with the kids and listen to them discuss some of their experiences in the AmeriCorps program. We as a whole got a lot accomplished that day. You could really feel the positive energy while we worked,” said Hooper. Bixler also praised the partnership between the groups. “Today was a perfect example of communities coming together to ‘get things done.’ I am extremely pleased by the partnerships we have formed with the town of Perryville and APG. Perryville Day was a success and we couldn’t have done it without the support from the APG military.” James C. Martin, a spokesperson for AmeriCorps stated “The soldiers really got into their work and I look forward to working with them again in the future.”

LEAVE DONATION

Employees eligible for donations in the Voluntary Leave Transfer Program are:

Fay Walker Banker (hip replacement)	(surgery)	Barbara Carol Remines (surgery)
Marian Bellis (fracture of left tibia)	Marlin Julian (heart surgery)	Angela L. Reeves (maternity leave)
Bonnie Bromley (liver transplant)	Mary B. Kane (surgery on leg)	Michael Reynolds
Daniel Brown (father has emphysema)	Jennifer Keetley (maternity)	Boyd J. Richards (care of mother)
Tammy Budkey	Beverly King (caring for husband)	Denise Robinson (maternity)
Jane E. Calahan (surgery)	William Klein	Ricky Ross (heart attack)
Nancy Coleman-Jones (surgery)	Nicole L. Klein (broken ankle)	Tami C. Rowland (maternity)
Tracy H. Coliano-Hirsch (maternity)	Yvonne Lissimore (knee surgery)	Allan Scarborough (back surgery)
Geraldine S. Cragg	Angela R. Little (neck and shoulder injury)	Sherry Schaffer
Dawn M. Crouse (surgery)	Edna L. Lobodzinski (eye surgery)	Lena Shelton
Rene de Pontbriand	William B. McLean (kidney failure)	Motoko Stahl
Tricia Lin Dietz	Rebecca G. Mercer-Leto (heart attack)	Debra S. Stark (surgery)
Fred Dill	Stacy Miller (maternity)	Rachel Swearingen
Joseph R. Dugan	Sandra W. Miller (back surgery)	Alison Tichenor (surgery)
Messina Enderlein	John E. Mogan (surgery)	Sandra M. Wachter (surgery)
Wayne Erb (wife is ill)	Vincent L. Mohr (knee replacement)	Rosalind Walters-Kenion (maternity)
Denise M. Fox (maternity leave)	Shirley A. Murphy (terminal illness)	Cecelia Walton (respiratory problems)
Susan G. Grendahl (maternity)	Cecil Pennington (surgery)	Michael R. Willard
Michael L. Hitchcock (surgery)	Suaquita R Perry (maternity leave)	Charles Young (kidney and pancreas transplant)
Melanie A. Hoffman (parasinusitis, fibromyalgia condition)	Debi L. Petosky (back surgery)	Andrew M. Vaught (brain tumor removed)
John C. Houck	Karen S Pense	Wanda L.Waldon (surgery)
Stephen Howard (bone marrow transplant)	Mary E. Pettiway	Josephine O. Wojciechowski (care for elderly parents)
Wayne A. Jaynes		
Evelyn K. Johnson		

For information about donating annual leave, call Dave Mial at 410-278-1524 or fax 410-278-7877.

KUSAHC refill cable phone line under repair

Jan Spellman
KUSAHC

A main steam pipe ruptured at Walter Reed last week and melted some of the Refill System phone lines, which has also affected Kirk. Some of the phone cables are wet and will allow a connection but have interference in the background and the refills will not process. The remaining cables are working without difficulty. Walter Reed Army Medical Center has contacted Verizon to correct the problem. Verizon has stated that it may take 4 to 6 weeks to be completely fixed. The best way to refill your prescriptions is to use the Internet refill system if you are having difficulty with the Call-in Refill system. The Internet Refill System may be accessed by logging onto the refill Web site at www.walter-reed.army.mil/refills. You can refill or inquire on the status of a prescription as well as obtain medication information. You will be presented with the following options after entering your SSN and prescription numbers in the appropriate fields:

1. Order a refill
2. Check on the status of a prescription
3. Medication information

An alternative to the AudioCare Call-In system and Internet Web site is to bring in your refills to your pharmacy for processing.

Community Notes

FRIDAY
DECEMBER 21
CHRISTMAS COUNTRY HOE DOWN

The Harford County Country/Western Dance Association, a non-profit organization, sponsors country western dancing each Friday at the American Legion located on Parke Street in Aberdeen. Dancing will be held 7:30 to 11:30 p.m. The instructor will announce lessons. Everyone is welcome. Cost of admission is \$10 and includes draft beer, soda, chips and pretzels. For more information, call 410-272-8318.

SATURDAY
JANUARY 5
WACVA MONTHLY MEETING

The Women's Army Corps Veterans Association Maryland Free State Chapter #70 will hold their next meeting of the Maryland Free State Chapter 10 a.m. at the Aberdeen Senior Citizen Center. All women who have served or are serving in the Women's Army Auxiliary Corps, Women's Army Corps, Regular Army, Army Reserve, Army National Guard and Army Nurse Corps are welcome to attend. Also welcome, as associate members, are women of the Navy, Marines, Air Force and Coast Guard.

For more information about the association, contact Wanda Story, 410-272-5040 or visit Web site www.wacva.com.

WEDNESDAY
JANUARY 16
MLK JR. PRAYER BREAKFAST

The Aberdeen Proving Ground Dr. Martin Luther King Jr. Commemorative Prayer Breakfast will be held 7:30 to 9:30 a.m., at Top of the Bay, building 30. The U.S. Army Center for Health Promotion and Prevention Medicine is sponsoring the event. The guest speaker is Kurt L. Schmoke, former mayor of Baltimore City.

Cost of a breakfast ticket is \$7 and can be purchased by calling Sgt. 1st Class Shelton Torbert, 410-278-1534.

SATURDAY
JANUARY 12
GOOD SHEPHERD CATHOLIC SCHOOL BINGO

Basket Bingo to benefit the Good Shepherd Catholic School will be held at the school, 810 Aikens Avenue, Perryville, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call the Good Shepherd School, 410-642-6265, or Brenda Conjour, 410-273-7332.

ATOASTTOTHE LADIES

A "Toast To The Ladies" will be held for ages 30 and over from 10 p.m. to 3 a.m. at the Colonel's Choice, Aberdeen. Proper ID and dress is required; no jeans, boots, bandannas, sweats or sneakers. There is a \$100 prize for the best-dressed female. Tickets cost \$6 for ladies, \$7 for men, and \$10 at the door. Music will be provided by DJ Sir Knight. To purchase tickets or for more information, call Sgt. 1st Class Copeland, 877-937-9936.

FRIDAY
JANUARY 18
ROYE-WILLIAMS ELEMENTARY PTA BINGO

Basket Bingo to benefit the Roye-Williams Elementary PTA will be held at the Elks Lodge, Route 40, Havre de Grace, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call the Roye Williams Elementary School, 410-273-5536, or Vicki Simpson, 410-272-6935. In case of inclement weather, listen to local radio and television stations for the Harford County School system. Snow date is Friday, Jan. 25.

SATURDAY
JANUARY 26
MCSC INDOORYARD SALE

The Military and Civilian Spouses' Club will sponsor an indoor yard sale, 8 a.m. to noon, at the Aberdeen Area Recreation Center, building 3326. Cost is \$10 per table. If you need to make room for the new toys and clothes received during the holidays, this will be the perfect solution. If you do not want to sponsor your own table, consider donating your items to the MCSC. They will arrange a pick-up of your items. For more information, call Angie Salamy, 410-272-6712, or Julie Koob, 410-297-6630.

FRIDAY THROUGH SUNDAY

FRIDAY
FEBRUARY 1
HARFORD CHORAL SOCIETY BINGO

Basket Bingo to benefit the Harford Choral Society will be held at the Aberdeen Fire Hall, Rogers St., Aberdeen, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call Jackie Keleman, 410-838-8062.

MARCH 1 TO 3
CWF SPONSORS SKITRIP

The Civilian Welfare Fund is sponsoring a ski trip, March 1 to 3. Lodging will be at the Ramada Inn, in Somerset, Pa., which includes a pool, jacuzzi, game room, lounge and restaurant. Transportation and four "all-you-can-eat" meals are included, along with a welcome reception, fireplace, Pajama Dance Party, free shuttle service to Seven Springs, and 12 hours of open bar. Other optional activities include snow boarding, snow tubing, roller skating, shopping and bowling.

The price per person is as follows: \$235 per person based on two in a room, \$225 per person based on three in a room, and \$205 per person based on four in a room. A \$50 per person deposit is due by Jan. 3. Lift tickets cost \$38 per person for one day and \$75 per person for two days and include a free ski lesson.

Call Angela Keithley or Jacqueline McKeever for reservations or more information at 410-278-4603/4771.

MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50
Building 3245 Aberdeen Boulevard

The PostTheater will be closed Friday, Dec. 21 to Saturday, Jan. 4. AAFES wishes you and your family a safe and happy holiday.

LIBRARY BOOK CORNER

The Garrison Library has books for your reading and cooking pleasure for the holidays. Come by and check them out.

Beasts by Joyce Carol Oates

The Fiery Cross by Diana Gabalon

Germes: biological weapons and America's secret war by Judith Miller

Healthy Women, Healthy Lives: a guide to preventing disease from the landmark Nurses' Health Study

Native American Weapons by Colin F. Taylor

Nightmare on Iwo by Patrick F. Caruso

Patti's Pearls: lessons in living genuinely, joyfully, generously by Patti LaBelle

Twin Towers: the life of New York City's World Trade Center by Angus Kress Gillespie

Libraries holiday hours

Aberdeen:

Dec. 22: 1 to 5 p.m.
Dec. 23, 24, 25: closed
Dec. 26, 27: 11:30 a.m. to 6:30 p.m.
Dec. 28: closed
Dec. 29: 1 to 5 p.m.
Dec. 30, 31 & Jan. 1: closed
Jan. 2, 3: 11:30 a.m. to 6:30 p.m.

Edgewood:

Dec. 19 to Jan. 7: closed

OC&S LIBRARY

The Ordnance Center and Schools Library is located in the basement of building 3071.

The OC&S Library will be closed Dec. 24 to 31. Regular hours will resume Jan. 2. Normal hours are Monday noon to 4:30 p.m., Tuesday and Wednesday, noon to 7 p.m., Thursday, noon to 4:30 p.m. and Friday, noon to 4 p.m.

MWR UPDATE

Edgewood Arts & Crafts

Edgewood Arts & Crafts is a Morale, Welfare Recreation facility and is open to active and retired military, civilians, and contractors working on Aberdeen Proving Ground and their dependents. We are located in building E-4440 next to the military police station near the troop store.

Hours of operation are Thursday, 1 to 9 p.m., Friday and Saturday, 9 a.m. to 5 p.m. For more information, call 410-436-2153 during listed hours.

Ceramics class

A basic ceramics class will be held Jan. 12, 10 a.m. to 1 p.m. This class teaches the basics of mold pouring,

glazing, and painting. Cost is \$7 plus supplies.

Porcelain Dolls

A porcelain doll class will be held on Jan. 10, 17 and 24, 5:30 to 8:30 p.m. Cost is \$30 plus supplies.

Class participants will make a Sugar Britches doll, a great gift for friends or family.

Class size is limited and pre registration is required. This is a progressive class so participants should plan on attending all three sessions.

Woodshop Orientation

The woodshop will hold a safety orientation Jan. 5, 9:30 to 10:30 a.m. The

cost is the \$3 user fee. This class is required in order to use the woodshop.

Stained Glass

A beginning stained glass class will be held Jan. 19, 9:30 a.m. to 1:30 p.m.

Students will make a simple suncatcher using the copper foil method. Cost is \$25 and includes supplies.

Framing Class

A beginning matting and framing class will be held Jan. 31, 5:30 to 9 p.m.

Students must bring an 8 inch by 10 inch picture to class to frame. Register in advance, because class size is limited. Cost is \$15 plus supplies.

Gift Wrap Schedule

Thursday 20 – 9 a.m. to 9 p.m.
520th Theater Army Medical Laboratory, Soldier Support
Sgt. 1st Class Jesus Perez,
410-436-7147

Friday 21 – 9 a.m. to 9 p.m.
Kirk U.S. Army Health Clinic
Family Support Group
Joyce Steininger, 410-278-1801

Saturday 22 – 9 a.m. to 10 p.m.

520th Theater Army Medical Laboratory, Family Support Group
Marcey Perez, 410-676-6994

Sunday 23 – 10 a.m. to 6 p.m.
FCC Parent Advisory Board
Ellen DiCuirci, 410-272-5349

Monday 24 – 9 a.m. to 9 p.m.
203rd MI Family Support Group
Darlene Wayland, 410-278-7825



Photo by YVONNE JOHNSON
Actual photograph of the 2001 White House ornament for sale.

White House ornaments on sale at ITR

The Information, Ticketing and Registration Office has White House ornaments on sale for \$16.25 each. If you buy four, the fifth one is \$14.25. For more information, call ITR at 410-278-4011.

Entertainment Books available at ITR

2002 Entertainment Books are available for \$25 each and can be purchased at Information, Ticketing and Registration office, building 3326. The books are filled with discount coupons for local restaurants, Baltimore City attractions, and even a section on Ocean City. For more information, call 410-278-4011.

CRD basketball league signup

All military, civilian employees and family members ages 18 or older are eligible to sign up for the Community Recreation Division Basketball League. Entry fees cost \$350 per team and can be made by cash, credit card, or check made payable to IMWRF. Payments will be accepted at the Athletic Center, Hoyle Gym, AA and EA Fitness Centers, or mail payments to 3330 Raritan Avenue, Aberdeen Proving Ground, MD 21005-5001. Entry deadline is Jan. 4.

Include the team's point of contact and a telephone number with payment. The season will run on Fridays, from Jan. 11 through March 15; games start between 6 and 6:30 p.m. The post-season tournament will be held March 22 to 23. Games will take place at the Athletic Center or Hoyle Gymnasium. ID cards will be checked. For more information or to register, call Stacie Eddie, 410-278-3931 or send a fax to 410-278-9537, or e-mail Stacie.eddie@usag.apg.army.mil.

ITR has ski lift tickets

Ski lift tickets are available for Whitetail, Ski Roundtop, Ski Liberty and Windham Mountain from Information, Ticketing and Registration, building 3326. Cost of tickets is \$25 for night lifts from 5 to 10 p.m.; 8-hour midweek/non-holiday tickets cost \$31; and 8-hour weekend/holiday lift tickets cost \$41. Ski lessons and a snowboarding package are also available at Liberty, Roundtop and Whitetail only for \$55. For more information, call ITR at 410-278-4011.



Holiday sale at Ruggles

Ruggles Golf Course Pro Shop, located in building 5601, announces a holiday sale for the month of December.

All regular-priced, in stock merchandise to include bags, clubs, hats, clothing and more will be offered at 20 percent off.

There will also be weekly, unadvertised specials. Sale is open to all installation personnel.

Stop by any Sunday through Saturday, 8 a.m. to 4:30 p.m., or call 410-278-9452.

Golf course information

Exton Golf Course located in the Edgewood Area, located in building E-1260 closed Dec. 3, but is projected to open in the spring of 2002. For more information, call 410-436-2213.

Ruggles Golf Course, located in building 5601 continues to operate 8 a.m. to 4:30 daily. For more information, call 410-278-9452.

Outlook Tip #4



Color-coding your e-mail

Select the "Organize" button on your toolbar (it looks like building blocks). Select the "Using Colors" option.

By default, this will use the sender that you currently have highlighted. Select the appropriate user and color that you want for that user.

Click on the Apply Color. See Outlook Tip #3 located in the Outlook Tips Public Folder for more details.

Select Public Folders, then All Public Folders, then APG, then Outlook Information and finally select Outlook Tips.

Partnership for defense turns into partnership for relief

Kelly Buckingham
ECBC

For the last several years, Graseby Dynamics, a U.K. defense and security firm, has been a partner of the Army's Project Manager for Nuclear, Biological and Chemical Defense Systems, or PM-NBC. In the wake of the 9-11 tragedies, Graseby employees raised money to be donated to 9-11 disaster relief funds in New York City.

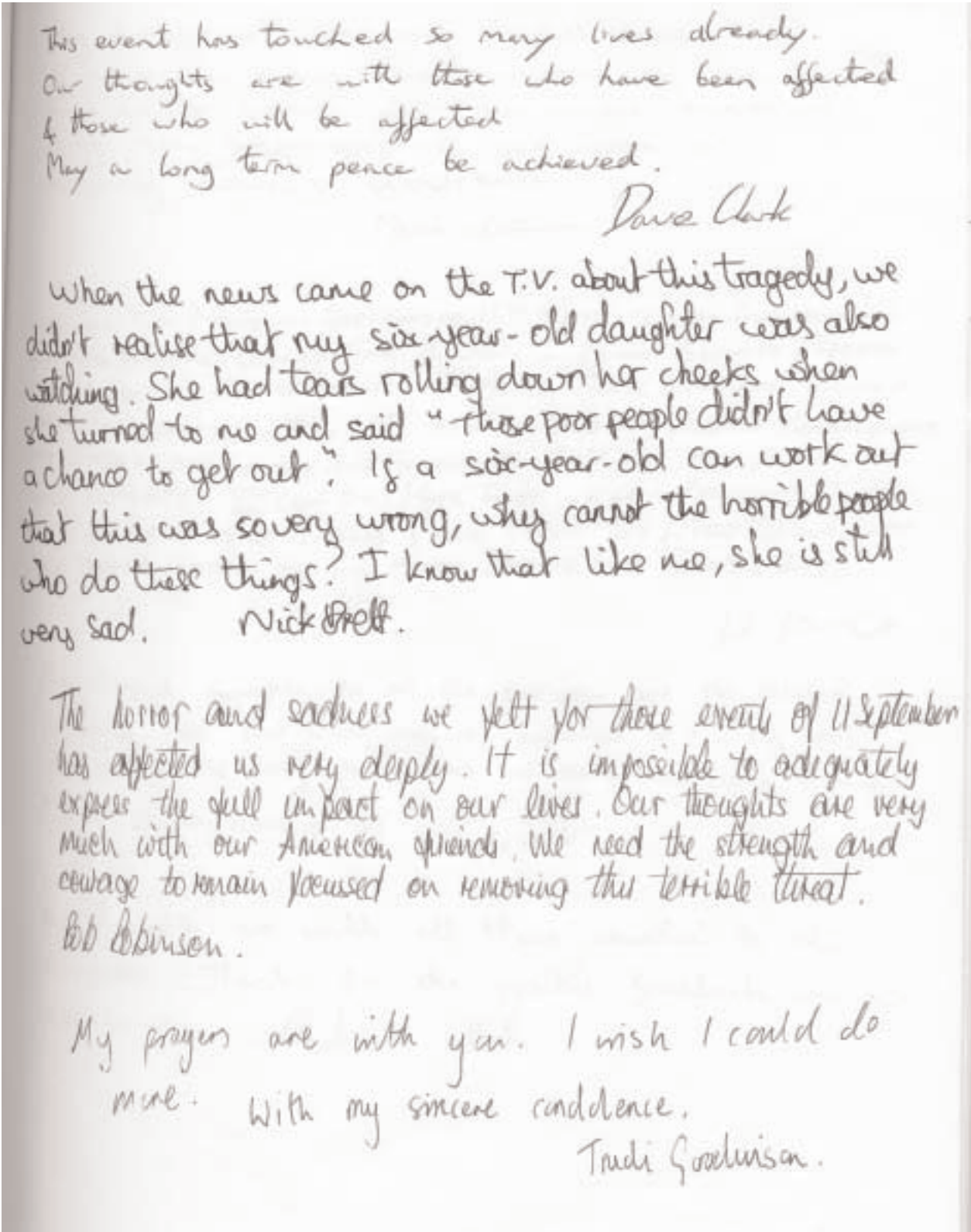
"Graseby went beyond a business partnership into the human aspect. This shows a great partnership and the caliber of people at Graseby," stated PM-NBC Col. Christopher Parker.

On Nov. 2, Graseby's director and general manager Nigel Day and sales and marketing director Neil Bloomfield, traveled to the Edgewood Area to attend a ceremony during which Day presented donation checks for the New York Firefighters and World Trade Center relief funds. Day also presented a leather bound book to Parker that contained handwritten messages by Graseby employees expressing their sorrow and support.

"Our best customer is America and we felt closely involved and wanted to do something on behalf of Graseby," stated Day.

Several employees had approached Day wanting to show their support to the United States.

Graseby has worked with PM-NBC Defense Systems and its predecessors since the 1980s. Most recently, Graseby helped the Army develop a chemical point detection device, known as the M22 Automatic Chemical Agent Alarm. Graseby is an international technology supplier to defense and security agencies.



Army News



'Soldiers' announces its 2002 Almanac

"Soldiers" magazine's 2002 Almanac is scheduled for distribution throughout the Army beginning the last week in December.

The Almanac, which is a special January issue of "Soldiers," contains a graphic "Year in Review" of key events that shaped the Army in 2001 plus facts and figures, special inserts, and "This is Our Army," a photographic look at soldiers at work and play.

Special inserts this year include a poster illustrating proper wear of the Class A uniform and the awards and decorations that may be worn on it. On the reverse side of the uniform poster is a map showing the locations of Army units around the world.

Responding to popular demand, this year's Almanac also provides a complete set of chain of command photos

and the Army Values poster.

Key facts and figures provided this year include the annual Situation Report containing Army demographics, a rundown of Army Major Commands and Army Web sites, post locator information, Army career fields and major equipment. New to this year's Almanac is a graphic representation of the objective force Brigade Combat Team and an explanation of the Army's force structure.

This year's centerfold pullout contains the Army's latest uniform update, explaining wear of the new black beret and the Improved Physical Fitness Uniform.

"This is Our Army" presents photos by soldiers, family members and civilians that depict the Army as it was in the months leading up to the Sept. 11 terrorist

attacks and the beginning of America's war on terrorism.

The images show an Army that, although at peace, was prepared for combat, and was participating in peacekeeping operations around the world.

The "Soldiers" staff salutes the photographers who provided these images and encourages its readers to continue sending these great photographs that help tell the Army's story in such a vivid way.

If you missed the December issue of "Soldiers," which includes the 2002 Army sports calendar, visit "Soldiers Online" at www.soldiersmagazine.com.

(Editor's note: "Soldiers" begins distribution of its January issue on Dec. 26. The information above was provided by "Soldiers" managing editor Gil High.)

Health care changes for Reservists, family

Sgt. 1st Class Kathleen T. Rhem, USA
American Forces Press Service

Department of Defense officials have enacted healthcare system changes to make life a little easier for reserve component members and their families following the Noble Eagle/Enduring Freedom call-up to active duty.

The most significant change is a national demonstration project that waives all TRICARE deductibles for family members of Noble Eagle/Enduring Freedom activated reservists and guardsmen for care received since Sept. 14.

TRICARE officials realized many of these families probably paid deductibles for their civilian health plans earlier in the year. They didn't feel it fair for them to shoulder another financial burden just because their sponsor was called up toward the end of the year, said Coast Guard Lt. Cmdr. Robert Styron, regional operations officer for the TRICARE Management Activity.

Another change for reserve component members is that TRICARE will pay for up to 115 percent of what is usually allowed for care under existing guidelines. Styron said the change would help reservists who live far from active military facilities in areas that don't have TRICARE provider networks. Their families probably would end up paying more out-of-

pocket if TRICARE hadn't agreed to the higher fees.

The third change is that TRICARE officials have waived the need for Guard and Reserve family members to obtain nonavailability statements before receiving care from a civilian provider. Styron said DoD acknowledges many reserve families have existing relationships with civilian providers.

"If you've already got these established relationships with a provider, we're not going to get in the way. We will allow you to continue seeing providers you know," he said.

Active duty family members don't need a nonavailability statement if they're far from a military treatment facility. If they live near a military facility, however, they generally need the statement or they must pay for the care themselves.

DoD officials have explained that families of reserve component members called up for at least 30 days are eligible to use TRICARE benefits. Families of those activated for at least 179 days are also eligible to enroll in TRICARE Prime, which offers the most cost-effective way for military families to receive medical care.

For more information on these new benefits and on healthcare for reservists and guardsmen, visit TRICARE for the reserve components at www.tricare.osd.mil/reserve/default.htm

Army announces selective stop-loss

Courtesy of Army News Service

Assistant Secretary of the Army for Manpower and Reserve Affairs, Reginald Brown approved an Army-wide selective "stop-loss" program following a service-wide manning analysis.

This selective stop-loss program allows the Army to retain soldiers, who are determined to be essential to the national security of the United States, on active duty beyond their date of retirement, separation, or release from active duty for an open-ended period.

Those affected by the order generally cannot voluntarily retire or leave the service or leave active duty as long as reserves are called to active duty or until otherwise relieved by proper authority.

Stop-loss was last used by the Army during Operation Desert Shield/Desert Storm in 1990. In that same year, President George H. Bush delegated stop-loss authority to the Secretary of

Defense during Operation Desert Shield. That delegation remains in effect today. On October 13, 2001, the Secretary of Defense further delegated that stop-loss authority to the service secretaries.

Most involuntary discharges would not be affected by stop-loss, nor would stop-loss change most policies or regulations currently in effect that might lead to an involuntary administrative retirement, separation, or release.

The Army will use stop-loss as a tool to manage the force and ensure our readiness to support ongoing operations. Requirements will be reviewed on a monthly basis and other military occupational specialties and career management fields may be affected.

For more information call U.S. Army Public Affairs Media Relations Division, Personnel and Human Resources Team at 703-697-7487 or 703-697-7550.

Enlisted specialties

The enlisted specialties affected by this decision include soldiers with the following Military Occupational Specialties, or MOS:

- Career Management Field 18, Special Forces:
 - MOS 18B, Special Forces Weapons Sergeant
 - MOS 18C, Special Forces Engineer Sergeant
 - MOS 18D, Special Forces Medical Sergeant
 - MOS 18E, Special Forces Communications Sergeant
 - MOS 18F, Special Forces Assistant Operations and Intelligence Sergeant
 - MOS 18Z, Special Forces Senior Sergeant
 - MOS 00Z (Career Management Field 18 background)
 - MOS 67U, CH-47 Helicopter Repairer (all skill levels)

The officer and warrant officer specialties affected by this action include those soldiers with the following CMF:

- Career Field 18 Special Forces Commissioned Officers (Commissioned Officers who have career field designated out of the Operational Career Field 18 are not affected by this stop-loss)
- Warrant Officer MOS 180A Special Forces
 - Aviation Warrant Officer Specialties:
 - 152C, OH-6 Scout Pilot
 - 153D, UH-60 Pilot
 - 153E, MH-60 Pilot
 - 154C, CH-47D Pilot
 - 154E, MH-47 Pilot
 - All Warrant Officers with Additional Skill Identifier:
 - K4, Special Operations Aviation
 - K5, MH-60K Pilot
 - K6, MH-47E Pilot

USMC repeats as Commander's Cup winner

Yvonne Johnson
APG News

For the second year in a row, the U.S. Marine Corps Detachment, U.S. Army Ordnance Center and Schools, won the coveted Commander's Cup trophy for accumulating the most points during the 2001 Intramural Sports program year.

The Marines accumulated 178 points during their season-long run by participating in every program offered during the year and winning post championships in racquetball, the dead lift and the bench press competitions, finished first in its division in soccer, finished second in its division in basketball and softball and took third place in the intramural golf tournament.

The runner-up was Company C 16th Ordnance Battalion with 139 points.

Marni Allison, sports director for the Community Recreation Division Intramural Sports Program, hosted the award ceremony held in the Aberdeen Area Athletic Center on Dec. 11. Allison said the Commander's Cup Program was established on Aberdeen Proving Ground in 1980 to encourage military units to participate in intramural sports.

"Since then, 18 units have been recognized for their spirit and participation," Allison said.

She added that points are awarded for team and individual participation and final rankings, and by attending sports council and coaches meetings and rules clinics.

"Tonight, along with the

Commander's Cup winner and runner up, we recognize the championship units for each of the 10 sports for the year 2001."

Col. Mardi U. Mark, APG Garrison and deputy installation commander, presented the awards assisted by Donna Coyne, intramural sports coordinator.

Mark congratulated all participants and awardees reminding them of the three-month anniversary of the terrorist attacks on America and their role as servicemembers.

"Remember Sept. 11," Mark said. "We are all part of that war effort."

She encouraged the soldiers and Marines gathered to enjoy their holiday during the upcoming Exodus leave period.

"One day you may be overseas and unable to get home to loved ones," she said.

Maj. Dan D. Mielke, accompanied by Master Sgt. John Mikolajczyk and Staff Sgt. Sean Przygoda, accepted the Commander's Cup trophy for USMC.

Mielke said several key factors such as the garrison competition system and Gunnery Sgt. Zachary Rhodes, who recently departed APG for an assignment in San Diego, Calif., were responsible for the unit's achievement.

"Thanks to them we did it in 2000 and we were able to do it again this year," Mielke said.

He recognized the coaches and assistants who participated in the sports program, preparing young talent for competition.

"Most of all, thanks to the Marines

who participated and helped us to reclaim this cup."

Company C 16th commander Capt. Christine Roney accepted the 2001 Commander's Cup runner-up award.

"We are only the second Advanced Individual Training Unit to win the Commander's Cup," Roney said, adding that the last unit, also Company C 16th, took the award in 1985.

"A lot of strong athletes come through here and our drill sergeants spend a lot of their own time coaching them," she added. "We're just warming up."

Roney issued a "fair warning" to the Marines that Company C would be back next year.

The Unit Sportsmanship Award went to Company C 143rd Ordnance Battalion. The award goes to the unit that meets or exceeds a specific list of criteria that includes participating in each sports category without forfeiting a game, adhering to all rules of eligibility, good sportsmanship and responsibility.

The Unit Sports Representative of the Year award went to Gunnery Sgt. Zachary Rhodes, USMC. The award goes to the unit representative that attends all meetings, ensures letters of intent are submitted on a timely basis, promote programs, recruits players and coaches and serves as a liaison between the unit and the intramural sports coordinator. Gunnery Sgt. Bart Lumzy accepted the award for Rhodes.

The rest of the championship teams included Headquarters and



Headquarters Company, 16th Ordnance Battalion for volleyball and flag football, accepted by Staff Sgt. James Burrell; the U.S. Army Soldier and Biological Chemical Command for softball, accepted by 1st Sgt. Robert DeFebbo, HHC 61st Ordnance Brigade for basketball, accepted by Sgt. 1st Class Bryon Copeland and Company C 16th Ordnance Battalion for soccer, accepted by Drill Sgt. Garnett Brown.

Also, Company C 143rd Ordnance Battalion won the 3-on-3 Basketball Tournament and Headquarters Support Troop won intramural golf.

2001 Championship Teams

Sport	
Champion	
Racquetball	USMC
Bench Press	USMC
Dead Lift	
USMC	
Volleyball	
HHC 16th	
Flag Football	HHC 16th
Basketball	
HHC 61st	
Softball	SBCCOM
Soccer	CO. C 16th
Golf	
HST	
3-on-3 Basketball	Co. C
143rd	

Commander's Cup winners

Year	Winner
	Runner-up
1980-81	HHC APG

1981-82	11th MI Bn.
HHC APG	
1982-83	203rd MI Bn.
HHC APG	
1983-84	HHC School Bde.
HHC APG	
1984-85	USMC Admin. Det.
HHC Ord. Bde.	
1985-86	Company C 16th Ord. Bn.
HHC Ord. Bde.	
1986-87	HHC 61st Ord. Bde.
HHC 16th Ord. Bn.	
1987-88	HHC 61st Ord. Bde.
Co. E 16th Ord. Bn.	
1988-89	HST
HHC 61st Ord. Bde.	
1989-90	HST
HHC 61st Ord. Bde.	
1990-91	HST
HHC 61st Ord. Bde.	
1991-92	HHC 16th Ord. Bn.
BNCOC	
1992-93	BNCOC
HHC 16th Ord. Bn	
1993-94	FMIB
BNCOC	
1994-95	203rd MI Bn.
BNCOC	
1995-96	HHC 143rd Ord. Bn.
USMC	
1996-97	USMC Admin. Det.
NCOA	
1997-98	HHC 16th Ord. Bn.
USMC	
1998-99	Co. E 16th Ord. Bn.
USMC	
2000	USMC
	HHC 16TH Ord.



Lifestyle resolutions for the new year

Maj. Sonya J.C. Corum
CHPPM

For your New Year's resolutions, were you like millions of other Americans who declared that you would lose weight and exercise more? Have you already discovered that like last year you had great intentions but found it difficult to keep those resolutions? Maybe it is time to change your approach and consider a lifestyle resolution - a more permanent attitude.

Often the failure in keeping resolutions is that unrealistic goals are set. To begin the new lifestyle resolution, set goals that can be reached. Once these goals have been met, new ones can be set.

What are some attainable goals? Here are a few suggestions to get you started.

Start by keeping a food and activity diary. Write down everything you eat and drink for three days. Most of us eat differently on the weekend, so you need to include a weekend day. Also, write down any physical activity that you participated in and how long you did the activity. Be sure to include activities such as walking from the parking lot to a building or using the stairs instead of the elevator.

Review your food and activity diary to identify how frequently you are consuming high fat foods, large amounts of sugar or just simply overeating, and how frequently you are exercising. Make a list of the things you are willing to change to improve your eating and exercise behaviors. Do not attempt to do the whole list at the same

time. Choose two or three items on your list that are the most achievable.

If you discovered that consuming too much fat is getting in the way of your health goals, consider these ideas-

- * Look for and purchase low fat food choices when grocery shopping.

- * Try baking, broiling, roasting, steaming, stewing, or grilling instead of frying foods.

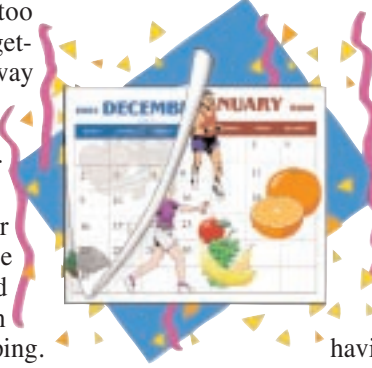
- * Go easy on adding fats like butter, margarine, mayonnaise, and gravies to foods in cooking or at the table.

- * Enjoy pastas with a tomato

or vegetable-based sauce instead of cheese or cream sauces.

Did your food and activity diary reveal that you usually eat a candy bar or something sweet mid morning or mid afternoon for some quick energy? You can reduce your sugar intake by having a small snack

such as fruit or raw vegetables with some low fat cheese. Yes, a snack! Often when you are feeling tired or hungry, it is your body's way of telling you that it needs fuel. A frequent cause of this is forgetting to fuel your tank first thing in the morning.



Skipping breakfast causes your body to burn calories slowly to conserve fuel. "Kick start" your day and your metabolism with a simple breakfast of a bowl of cereal, low fat or skim milk, and some fresh fruit.

One of your goals might be to eat less. Consuming large quantities of low fat foods can be a bad thing. After all, those foods still contain calories. To help you eat smaller portions, use smaller dishes. If you are eating at a restaurant, order the children's portions or only eat half and take the rest home for lunch the next day.

Remember exercise is a key to your success. Exercise burns calories, and it also helps control appetite. Exercise also diffuses stress and improves mood, helping to keep stress eating

under control. Walking from your car to a building or using the stairs counts toward your daily activity, but for weight loss you will want to include 20 to 30 minutes of walking, jogging, biking, swimming, or another aerobic activity 4 to 5 days per week.

For the new year, choose a new approach to eating and exercise. When January 2003 rolls around, you will be making a different New Year's resolution since you will have conquered losing weight and exercising more.

(Editor's note: Maj. Sonya J.C. Corum...

Snow removal

From page 1

970, 1090, and 1150. FM radio stations provided with the information include 93.1, 93.7, 97.9, 101.3, 103.3 and 103.7. Those with access to WAPG-TV channel 3, can also check that for an announcement, or call the snow hotline, 410-278-SNOW (7669). A recorded message, updated as needed, will begin about 5 a.m.

"Snow removal is affected by

the time of day the snow arrives, whether it occurs on a weekday or weekend, the forecast and rate of accumulation," Weaver said. Whatever the factors, "we always have a plan and update it yearly," he said.

Areas on Aberdeen and Edgewood are prioritized for snow removal. Those areas cleared first include the main roads and parking lots, then

those areas with emergency or health facilities, secondary roads and parking areas and residential housing. Snow and ice removal continues until all facilities are accessible.

Weaver said snow removal in housing areas is always a challenge. The vehicles that clear snow are not easy to maneuver in tight spots, especially in cul-de-sacs with lots of vehicles parked on the street. He asked that if a storm is coming, residents make an effort to park all of their vehicles in driveways, to minimize on-street parking and clear a path for the plow.

Sidewalks, steps and porches

are the responsibility of the building custodian or resident. Tenants and residents using snow removal products are encouraged to use those products considered environmentally safe. Calcium chloride, a product that melts ice and snow and is considered environmentally safe, is available at the Re-Nu-It centers. The product is an improvement over salt because it does not destroy concrete and is safe for the environment. Magnesium chloride is also considered a safe product to use.

Ella Patrick, assistant manager of the Re-Nu-It centers, said residents should listen to the

forecast if snow is expected over the holidays or over the weekend. If snow is expected to accumulate, residents may go to the Re-Nu-It centers to borrow a snow shovel, to be returned within a week of the storm, and receive one bag of calcium chloride per storm.

"Listen to the weather reports," Patrick said. "If we [Re-Nu-It Center personnel] know a storm is coming, we will get out our supplies ahead of time."

Patrick reminded residents that the facilities are closed on weekends and over the Christmas holidays.

"We are not considered key personnel, so unless we are called in, the centers will be closed over Christmas," she said.

Grzanka said that when the installation is affected by bad weather, residents can help by keeping vehicles in their driveways and out of the cul-de-sacs. Employees can help in the clean up effort by not reporting for work unless they are key personnel. "If you don't know your status, ask your supervisor before snow becomes an issue," Grzanka said.

Celebrating safely

Celebrating safely
Courtesy of
WWW.COSTAL.COM

The holidays are busy, with activities designed to make people feel joyful, compassionate and generous. By taking the time to make your holiday safe, you are giving the gift of safety and piece of mind.

Holiday food preparation

Safe food preparation is important, to avoid food poisoning.

- * Keep cookware, utensils, preparation areas, and hands clean.
- * Refrigerate foods that require cold storage.
- * If food needs to be chilled dur-

ing serving, use a bed of ice.

- * Keep foods that need to stay warm on a hot plate or in an oven at a temperature no lower than 110 degrees Fahrenheit.
- * Refrigerate leftovers quickly.

Holiday parties, alcohol

Alcohol is the biggest safety risk at a party. Select at least one designated driver. Keep plenty of non-alcoholic drinks handy for the designated driver and for anyone who chooses not to drink.

Remember the one-to-one rule. For every one drink containing alcohol, you should wait one hour for the alcohol to leave your system. Follow

the seven DON'Ts:"

- * DON'T ever consume alcohol on an empty stomach. This speeds the drink into your system.
- * DON'T serve alcohol without food. Keep filling snacks around at parties.
- * DON'T serve straight shot drinks. Mix drinks with fruit juice or water. Carbonated beverages speed alcohol through the body.
- * DON'T drink to excess.
- * DON'T drink and drive. If you drive to a party you should not drink.
- * DON'T drink if you're pregnant or nursing a baby. The alcohol goes into the breast milk and the baby's

body.

- * DON'T drink if you're on medication, or if there is a history of alcohol abuse or addiction in your past.

Holiday traveling

- * Pre-plan your trip with scheduled rest stops and overnight stops.
- * Leave a copy of your travel plans with someone you trust.
- * Keep activities for passengers handy. Choose activities that will not distract the driver.
- * Wear your safety belt and remind passengers to wear theirs as well.
- * Children should ride in a properly installed child restraint seat. Have

the seat checked at a local hospital, police station, fire station, or your insurance agency.

- * Maintain a safe distance between you and other vehicles.
- * Get a good night's sleep. Before driving and while on the road, avoid eating heavy meals.
- * If you feel sleepy while driving, pull over and rest before driving more.
- * Cold air, coffee and music may help, but studies show that driving while sleepy is a danger that can only be cured by sleep.



Two "Elmo" dolls, "Minnie Mouse" and a baby doll sit among hundreds of other toys and stuffed animals during the annual celebration of end of the U.S. Army Soldier and Biological Chemical Command's annual Toy and Food Drive at the Edgewood Chemical and Biological Command on Dec. 12.



A "herd" of stuffed animals and dolls that were donated to the SBCCOM Toy and Food Drive appear ready and eager to brighten the holidays for the children of needy families.

toy drive

From page 1

Committee members collect the donations and the drive culminates with a celebration and the official donation of the items.

Jim Zarzycki, ECBC technical director and Col. Edward Newing, SBCCOM chief of staff, led the celebration held in the ECBC dining hall in building E-3549.

Hundreds of toys, games, dolls and stuffed animals and boxes of food items lined one wall of the hall. The ECBC Christmas Ensemble played holiday tunes as employees helped themselves to complimentary baked goods and refreshments.

Zarzycki thanked all donors for their efforts noting how they overcame heightened work requirements to pull off the annual endeavor.

"Since Sept. 11 this organization has been incredibly busy," Zarzycki said. "Our work was consuming us and it was hard for people to get in the spirit with 75 degree weather."

He added that employee dedication gave the drive another successful year.

"All of a sudden things picked up in the last couple of weeks," he said. "This says something about the people in this organization. People who are dedicated also have big hearts."

Newing shared a "historical testament" from 20 years ago in which he recalled when he heard a little girl on the radio offer to donate her prized Cabbage Patch doll to a family that had lost everything in a fire.

"It touched my heart," Newing said.

As the date for the Food and Toy Drive approached, he said he and his wife decided to part with some of the mint condition toys they have collected over the years.

"Without hesitating, my wife gave one of her prize possessions, a collectible Pillsbury dough boy stuffed doll."

As he held it up for all to see, Newing added that parting with something important to you is "kind of the nature of giving."

"That spirit is here in ECBC and SBCCOM," he said.

Newing officially handed over the toys and food to Alex Hathaway, Edgewood Community Center program director, and his assistant, Linda

Bishop.

Hathaway thanked the gathering noting that the donations will go to Harford County Community Service Neighbors in Need program.

"We have a list of 18 families broken down by ages of the family members," Hathaway said. "We will divide it up among the families based on their needs."

"In your abundance in doing this, you are really blessing families. Anyone can tell you how many seeds are in apples but only God can say how many apples are in seeds," he added.

"These are seeds you are giving and they will grow a lot of apples from them."

Bishop added that the program also maintains a food pantry and holds clothing giveaways twice a year for needy families.

"People in need really benefit by your kindness," she said. "SBCCOM has helped us year round."

Rounding out the event, Eva Mims, ECBC executive secretary, led the traditional singing of holiday carols along with the ECBC Ensemble, and Santa Claus put in an appearance, handing out well wishes and candy canes.

Employees on hand agreed the drive has become a cherished tradition.

"I remember when we would sit on the floor assembling toys and wrapping gifts," said Mary Ann Ricketts, industrial planning specialist and an original committee member. "It's grown into something really special for everyone involved."

Mindy Daugherty, an ECBC computer drafter since 1983 agreed.

"I've donated a lot of toys in that time," Daugherty said.

"We love participating," said Vikki Henderson, a laboratory technician in her 22nd year at ECBC who monitors collection boxes in the work areas.

Zarzycki said he was proud of the workers and their positive spirit.

"It's hard to believe it gets bigger every year," he said. "It can't get any better than this."



An ECBC employee accepts a candy cane from Santa.

Photos by YVONNE JOHNSON



Cases of canned good and non-perishables line the wall of the ECBC cafeteria, awaiting delivery to Edgewood families via the Community Center, a non-profit agency.